
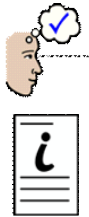

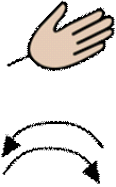
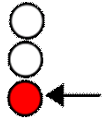
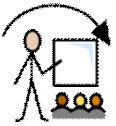



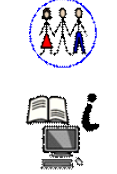


## Reducing Restrictive Practice RRP Standards

No	Standard	Easy Read Wording	Picture / symbols	Example	How do we know we are meeting the standard	Score <b>(1-to-5)</b>
1	There is a definition of Restrictive Practice within our service that is understood by all	<b>I know what restrictive practice is</b>		Definition statement/ Easy read Statement		<input style="width: 40px; height: 20px;" type="text"/>
2	There are ways for everyone to identify and report restrictive practices, interventions, blanket rules	<b>If I see a restrictive practice, I can tell staff about it</b>		Restrictive practice log/ meeting minutes/ governance themes/ community meeting agenda item/ complaint system		<input style="width: 40px; height: 20px;" type="text"/>
3	Reducing restrictive practice is on the agenda of all established meetings	<b>Reducing restrictive practice is talked about at community meetings</b>		Community meetings/ Service level Involvement meeting/ Clinical Governance/ Morning meetings		<input style="width: 40px; height: 20px;" type="text"/>
4	Reducing restrictive practice actions and ideas are used to improve the wards. Service user, carer and staff experience informs this.	<b>My reducing restrictive practice ideas help change the ward</b>		Safe wards initiatives/ community meeting recommendations/ you said, we did/ Themes & Trends/ Surveys		<input style="width: 40px; height: 20px;" type="text"/>
5	Restrictive practices are identified and evidence. There is a plan to review and reduce over time (where appropriate)	<b>Some restrictions are needed in hospital, they can reduce over time</b>		CQC guidance/ Secure Standards/ Technology Contracts/ Risk profiles/ Individualised plans/ S17 access/ Personal item list		<input style="width: 40px; height: 20px;" type="text"/>
6	Reducing Restrictive Practice training is co-produced and opportunities for co-facilitation are available	<b>I can help with training on restrictive practice</b>		Training records/ Slides/ Film testimonial/ Staff induction		<input style="width: 40px; height: 20px;" type="text"/>

RAG Rating	
5 Green	Fabulous!
4 Green Amber	↕
3 Amber	Functional!
2 Amber Red	↕
1 Red	Action!

7	Blanket restrictions are only used when absolutely necessary. They are proportionate measured and justified and there is evidence they are reviewed regularly.	<b>Blanket restrictions are only used when needed</b>		MDT Meetings/ Risk and Safety meetings/ Blanket restriction Log/ Quality meetings/ Clear information for service users with review dates		<input type="checkbox"/>
8	Service users and staff meet regularly to talk about reducing restrictive interventions	<b>I talk to staff about reducing restrictive interventions</b>		One to one/ keyworker sessions/ care plan sessions/ service user debrief		<input type="checkbox"/>
9	Service users are involved in managing and reviewing their 'restrictive intervention' plan	<b>I have a care plan to keep me safe</b>		PBS plans/ De-escalation plans/ Get to know me/ Trauma informed care plans		<input type="checkbox"/>
10	Family, Friends and Carers are supported to understand restrictions that are in place and why	<b>My family and friends have information about restrictive practice</b>		Definition shared with carers/ Education sessions/ Welcome Pack that includes Restrictive Practices/ Website/ link person		<input type="checkbox"/>
<b>Free flow box -</b> How do you report RRP? Where do you report RRP? Confidence in reporting systems? Can improvements be made? Can you share an example of RRP good practice?  What blanket restrictions do you have currently? How are they problem solved? How frequently are they reviewed?						<input type="checkbox"/>
					<b>Average Score for the area</b>	<input type="checkbox"/>

\*\* A Restrictive Practice stops someone doing something that they want to do e.g., having access to a mobile phone, money or a laundry room

\*\* A Restrictive Intervention is a deliberate act to limit your movement and liberty to make a situation safe for all e.g., a restraint or seclusion

\*\* A Blanket Restriction is where a rule/ policy is put in place that restrict your rights and freedoms, without any individual risk assessment i.e., 'one rule for all'

Service name:

Date:



# Secure Quality Involvement Tool (SeQuIn Tool)

RAG Rating	
5 Green	Fabulous!
4 Green Amber	↕
3 Amber	Functional!
2 Amber Red	↕
1 Red	Action!

## Reducing Restrictive Practice RRP Standards – Actions

Your scores will help you decide which action to work on

<p><b>Our agreed Action is:</b></p> <p><b>(Please only choose one or two to make sure they are achievable and meaningful)</b></p>	
<p><b>Our Action will improve this Standard:</b></p>	

\*Reviewed by service users and staff in the 'Standards Review Committee 2023'

Copyright © Yorkshire and Humber Network, 2022, All Rights Reserved.



Collaboration. Hope. Encouragement. Empowerment. Respect. Support. Fun.