WEST YORKSHIRE

PROVIDER COLLABORATIVE



West Yorkshire

<u>Provider</u>

<u>Collaborative</u>

Engagement Event

NEWSLETTER 9 March 2023

Welcome to the Newsletter from the latest West Yorkshire Event held on Teams in March.

Thank you for all your presentations and contributions. It was a very interactive meeting.

We heard from services about their SeQuIn Tool action plans and progress in a round robin.

We heard about how the SeQuIn Tool data and narrative is also used by the Yorkshire and Humber Involvement Network and the West Yorkshire Provider Collaborative to make improvements.

We asked you your views on Technology and shared ideas for a project.

We were able to view some amazing artwork and announce the competition winner!

Microsoft Teams



Wednesday 22nd March

1.30 to 3.30pm



Interactive session





Welcome to the West Yorkshire PC Event

Presentations



Services to Present on their SeQuin Tool Action Plans and Progress

¥ 8 III 1#L West Yorkshire SeQuIn Summary & New Schedule

Technology Workshop...



What do we mean by Technology?



Art Work Winner Announced



WY Quality Hub Update



Involvement Update



Next Steps . . .

SeQuin Tool Action Plan



Contact Charlotte, Jo or Holly for more information:

Hnf-tr.involvement.network@nhs.net

www.yorkshireandhumberinvolvementnetwork.nhs.uk













Newhaven

& All guests

Cygnet Bierley Leeds and York Partnership

Moorlands View

Waterloo Manor Newsam Centre







SeQuin Tool Action Plan



Newsam Centre

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Involvement	Meaningful Activity	Recruitment
Regular involvement meetings where the agenda is agreed by all involved.	Different ward-based activities and resources available that are pathway stage appropriate.	Policy or procedure in place that supports service users involvement in recruitment.
Involvement meetings are attended by different staff including someone who can make decisions/come up with a plan.	Activities and therapy are planned over seven days and not limited to normal working hours.	Service users are involved in staff induction.
Action	Action	Action
Rotas for Your Views and Service user council ensure there is representation from different disciplines. A template for feedback from service user involvement meetings into service wide clinical governance.	Ward timetables have been reviewed with service users. More skill based groups have been developed – i.e community skills, money management, lifestyle/DIY skills. A review of how we manage group escorts - the staff/service ratios- to improve access to	Service users involvement in the forensic induction for newly recruited staff (video testimonials). Ongoing actions: Develop a poster/leaflet to outline how service users can be involved in recruitment. Create a feedback letter/certificate template
	Reporting process for if groups do not take place due to staffing – feedback forms/incidents reports.	to recognise service user involvement in the recruitment process.

MOORLANDS VIEW THINGS TO PAY ATTENTION TO!

Very Poor (1)

Poor (2)

OK (3)

Good (4)

Excellent (5)

- · Vocational skills and opportunities to build skills are encouraged and promoted to service users
- Everyone has an individual meaningful activity plan that has opportunity for social activities, hobbies, and interests.
 - Service users have a voice in how activity budgets are spent.
 - Service users can do activities with family and friends in the hospital or community
 - There are activities designed and planned around transition to make moving on smoother

VOICE/INFLUENCE

Thornton started own newspaper project

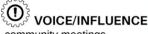
TRANSITION

Therapy and Transition meetings to improve continuity of transition planning.

Though some external factors influencing transition

-VOCATION/EDUCATION

relinked with cellar trust courses to be bought in house



-community meetings enable voice in relation to meaningful activity on the wards.





VOCATION/EDUCATION
Link made with The Shannon
trust: resources

TRANSITION + INCLUSION

- -improved provision of activities and resources.
- -looking at pathways for how family and friends can join activities in house.





-VOCATION/EDUCATION capitialising on skills of staff and su's

Policies and procedures

Improvements can be made on involvement of carers at local level

Improvements can be made on access

-New Carers board: leading staff member off

Involvement

Involvement lead

Named person but not a seperate role

Feedback

Friends and Fanily test is used but we think there might be a better way

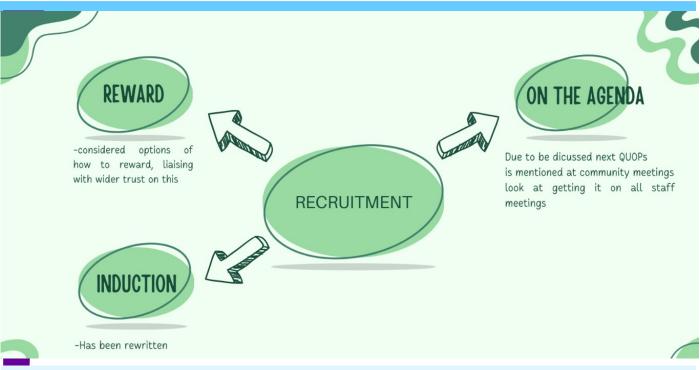
we more often get informal feedback directly to staff

solutions

wish list

-To have more than a named lead

-restart service user council etc



Moorlands View have also set up a music and poetry group in the café supported by a music therapist.

Meaningful activity has improved since covid, some restrictions are still in place and limited mixing, which means meaningful activity can improve further yet.

SeQuIn Tool Actions - Cygnet Hospital Bierley

Recruitment Champion

Job Description

Job Purpose

The recruitment champion supports with hospital recruitment

Duration

One off agreement

<u>Payment</u>

£? per interview

Main Responsibilities

- To support in the recruitment process for the hospital
- To conduct interviews alongside an identified member of staff
- To undergo identified in-house training support with developing s confidence

Commitments

- You must be dressed in smart attire
- You must stay for the duration of the interview/s
- Reading and writing desirable.

What Kind of Person are we looking for?

- Someone who is motivated
- Someone who is confident to speak in meetings
- Someone who is honest and will provide constructive feedback
- Someone who is able to work with others in a team and listens to people's opinions before making decisions
- Someone who can safely access pens and paper

Which Recovery Courses would support this role?

- Effective communication course
- Data Protection Online Training Course

How can you become involved?



Become a Recruitment Champion.

There is a job description that explains what this is.



Fill in an application form. Staff can support you with this if needed.



Attend an interview







Cygnet Bierley are also focusing on the Friends, Family and Carers SeQuIn and have reintroduced events post covid and look forward to sharing and working with the wider network on this topic.



INVOLVEMENT STANDARDS

Our action plan:

- □ Develop ways service users can be more involved with the production of policies – explore at word reps meetings. (Standard 2)
- ☐ Update the involvement strategy and include service users and carers.

 (Standard 4)

Our progress:

- Conversations started with the pervious hospital director around this but it needs to be explored further.
- ☐ Strategy last updated with service users at the beginning of 2022 but there has since been changes across the hospital. This could be a task for the new involvement lead with a target to be done by the end of 2023.

MEANINGFUL ACTIVITY STANDARDS

Our action plan:

- Explore options to improve activities in the evenings and on weekends. Introduce more bingo. (Standard 9)
- □ Continue to organise more events which family member could attend and purchase toys/ games for visits.

 (Standard 8)

Our progress:

- Activity boxes are now on the wards during evening and weekends. The boxes are rotated regularly. Activity planning sessions are run by the OT department and encourage and offer service users support to run sessions for their peers on evenings and weekends.
- □ Following the success of the summer fest last year, there are already plans and discussions for this years events. We have a carers morning coming up on Saturday 1st April. New

RECRUITMENT STANDARDS

Our action plan:

■ Suggest staff having an induction period to get to know everyone, how the different wards work and to see if they are suited to the role. (Standard 5)

Our progress:

□ Newly developed induction pack & process which includes a 2 week induction period where new staff will not be included in staffing numbers. This two week period will provide time to meet the team, get to know the service users, complete mandatory and specialised training and will allow staff to get a real feel for the role.





Develop an improved process for service user and carer involvement to review local/service operational procedures South West Yorkshire Partnership

UPDATE: Service User Co-production meeting for the forensic care group



Highlight the need for an Involvement Lead with the senior management team/Trust



UPDATE: A role for the forensic care group is being considered



Improve information and communication about Advocacy provision in the service

UPDATE: Cloverleaf leaflets and posters available on all ward areas.

Advocacy offered to all service users on admission and during their admission.

Advocacy service attend the ward areas regularly to speak with service users

Ensure ward based activities are discussed at community meetings and routinely offered on evenings and weekends



Development of Moving on Group in collaboration with forensic community teams (Bretton Centre)

UPDATE: First group commenced in February.





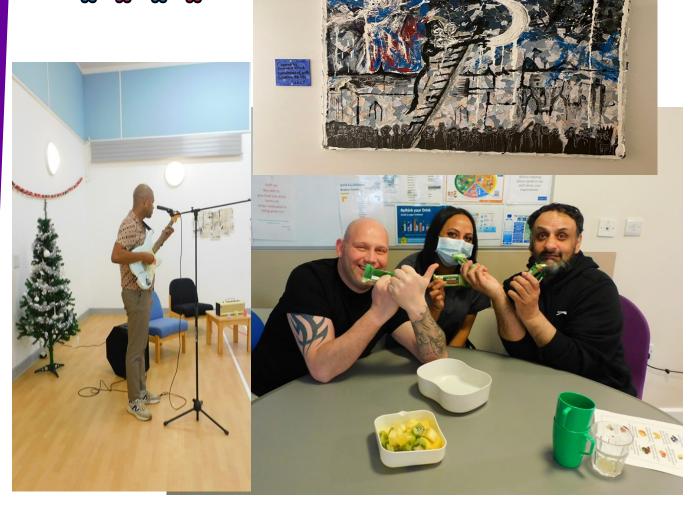
Establish regular service user involvement in recruitment



UPDATE: Service user workshops in preparation for OT and Psychology recruitment Service users on recent OT and Psychology interview panels

To liaise with Trust communications team regarding service user led "welcome to the service film" for new starters

UPDATE: Initial contact made



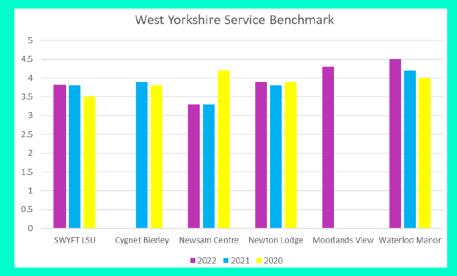


Newton Lodge

Newton Lodge played a film at the West Yorkshire event that captured voice over from the One Voice reps and staff who were part of the action planning for SeQuIn.

This was a very visual and clear and creative way of feeding back about their progress.

West Yorkshire **SeQuIn** Tool Summary-Involvement





West Yorkshire **SeQuIn** Tool Summary-**Meaningful Activity**

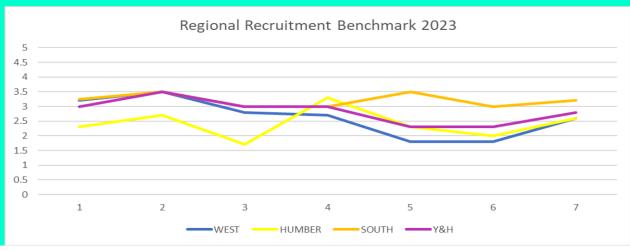
West Yorkshire Summary

- All services submitted meaningful activity data in Q2
- All services had a green average RAG rating for meaningful activity
- Waterloo Manor had the highest average score within WY at 4.4 out of 5
- The lowest score of 3.3 was shared by four service areas
- Four services have submitted action plans around meaningful activity
- Standard 9 highlights that activities are limited to a typical working week, further opportunities are needed on evenings and weekends
- Activity with family, friends and carers will be added to the action plan of the newly created role in West Yorkshire with an outcome to support services to increase opportunities.

SWYFT LSU	3.7
Cygnet Bierley	3.3
Newsam Centre	3.3
Newton Lodge	3.3
Moorlands View	3.3
Waterloo Manor	4.4
West Yorks	3.6

West Yorkshire SeQuIn Tool Summary-

Recruitment



The Yorkshire and Humber Involvement Network write a summary report for each set of standards completed, including data and information we hear from all services in West Yorkshire and present it to the Provider Collaborative.

We can compare services using charts like for involvement— what we see is that over the last 3 years there has been a steady improvement with involvement overall in West Yorkshire, some services have had ups and downs.

We can compare numbers like we have in meaningful activity—we see that all services have scored above 3 or green which is great, no concerns, although we know there are improvements still to be made after covid restrictions.

We can also compare against our neighbouring provider collaboratives like with Recruitment and benchmark against them.

We can see areas for improvement, support services, share good practice across West Yorkshire, make recommendations to the PC or do some group work and find solutions!

Your contributions are really valuable in improving quality of your own service and West Yorkshire services.

These summaries can be found on our website. Please have a look.

You can also join the SeQuIn Tool Committee who work to keep the standards up to date and easy to understand (again recommended from your feedback)

West Yorkshire **SeQuIn** Tool Summary-**How does the data help?**

Carer Engagement & Experience Role

- We had lots of conversations around Friend Family and Carer involvement- the narrative we hear is that there are differences.
- We saw inconsistencies across services in the numbers- this gave support to the conversation
- The PC are trying to offer an equitable experience
- With the narrative you provide alongside the SeQuIn Tool data we were able to 'bid' for money to create a new role, creatively fill a gap, and offer more resource that will benefit WY services and help try and share positive ideas and reduce inconsistencies around the region.

Technology

- We know technology is an important issue to you all from our inequalities project
- We listened to the ward reps at Newton Lodge at One Voice and heard their requests
- We have information from Quality Reviews around WY
- We also have support from the SeQuin Tool data from last schedule that shows there is room for improvement!
- All this together has enabled us to make a project plan for this year to look deeper into 'what technology means to WY' and how as a collaborative, working together, we can potentially make some meaningful changes
- The Quality Hub are in full support.

West Yorkshire SeQuIn Tool 2023/2024 Schedule

- Involvement Standards- due in by end of June
- Reducing Restrictive Practice Standards- due in by end of September
- Technology Standards- due in by end of December
- Review of Action Plans- due March 2024

WHAT DO WE MEAN BY TECHNOLOGY?

- Mobile phones and Smart phones
- Accessing Mental Health Apps
- Some service users are care planned to have phones
- We have problems with internet across the trust. some service users find it dysregulating. Especially if they have cognitive issues
- Service users have to pay for their own technology— digital poverty?
- Computer access is a big issues for us also!
 Again think this comes down to budget on a service
- How to safely learn about the internet/ ID fraud/ passwords etc.
- We had a media suite with multiple computers but this was shut over a year due to building work has massively impacted what we can offer in terms of technology based sessions/interventions - have limited laptops etc we can use with SUs
- Computers tend to be accessed in staff areas
- Streaming Netflix
- Its hard to keep up to date with changes in tech....staff are not always up to date and hard to future proof procedures

- 'Training packages' for service users and staff?
- We have had issues with the environment and where service users can use private devices comfortably (for college courses etc).
 Bedrooms have no desk space- something we are currently trying to problem solve!
- We have 'smart device' contracts for service users and a condition of this contract is that online safety and safeguarding training is completed

We will be looking into Technology a bit more over the next 12 months following up these ideas... we may ask for more support and will keep you informed of progress through these meetings.

Art Work Winner Reveal...





Well done to the Newsam Centre





Thank you to all other entries...













Feeling trapped and all alone, and in a big hole of darkness.

Everyone has challenges and struggles throughout life but they can get through it.

It's about you working together to get through things and growing as a person.

Collaboration. Hope. Encouragement. Empowerment. Respect. Support. Fun





Involvement Update...



- Experience and outcome measure workshop- 29th March
- Roadshows are on their way
- Carer Experience and Engagement Coordinator Role
- Involvement and Engagement Coordinator Role

Next Steps...



- West Yorkshire Provider Collaborative are welcome to join us at our next 'Big Event' in the summer, all will be revealed soon!
- Meet back for this event on the 26th September





If you would like to answer any of the questions below or in this newsletter please send them to the Network email below, contact us through our website Yorkshire And Humber Involvement Network -Welcome or ask a member of staff to email us your responses! We can also pass on queries to the West Yorkshire Provider Collaborative too.



What could have gone better and why?



What does technology mean to you?



What technology should we focus on in our Project Group



Have you enjoyed it today and will you come again?





