

Reducing Restrictive Practice Standards

No.	Standard	Examples	Our Evidence	RAG Rating
1	Staff and service users meet regularly to talk about restrictive practice and the meeting is open to carers	Meeting minutes Involvement meeting agendas Terms of reference		<input type="text"/>
2	Staff and service users have regular training about restrictive practice and it is linked with the Recovery College	Training records Induction information Recovery College Course Training material Patients and carers involved in delivering face-to-face training		<input type="text"/>
3	There are ways for everyone to identify restrictive interventions, practices and blanket rules	Community meeting agenda RRP meeting minutes Policies and Procedures Security protocol Clinical Governance Carer events		<input type="text"/>
4	Reducing Restrictive Practice is on the agenda of established meetings	Community meetings agendas Involvement meeting agendas Clinical governance agendas		<input type="text"/>
5	Conflict Reduction ideas are used to improve the wards and peoples experiences	SafeWards initiatives Positive Handovers Ward atmosphere scale Morning meeting agendas RAID board.		<input type="text"/>
6	Blanket restrictions are only used when absolutely necessary (proportionate, measured and justified)	Regular reviews Audit Ward expectations Training records		<input type="text"/>
7	Restrictive interventions are reduced over time For example: a) observations b) seclusion & segregation c) physical and medication led restraint	Review documentation Records from MDT meetings Incident logs/ reports Care plans Low secure standards comparison Peer review CQC		<input type="text"/>
8	Restrictive Practices are reduced over time For example a) communication and technology b) access to locations in building c) access to risk items	Plan/ Strategy/ Framework in place – reviews demonstrate progress Positive behaviour support plans Individualised care plans Risk management scores		<input type="text"/>
9	Strategies to make things better are regularly reviewed and evaluated	Audit Reviews Outcome Measures RRP strategy		<input type="text"/>
10	Best Practice is shared between services at meetings and events	Yorkshire and Humber Network attendance Security and Ops meetings Presentations at meetings Newsletters		<input type="text"/>
Average Score for the area				<input type="text"/>

RAG Rating	
5 Green	Fabulous!
4 Green Amber	↑
3 Amber	Functional!
2 Amber Red	↓
1 Red	Action!

Reducing Restrictive Practice Action Plan

No.	Standard	Our Actions	RAG Rating
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