


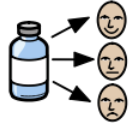





Secure Quality Involvement Tool

(SeQuIn Tool)

RAG Rating	
5 Green	Fabulous!
4 Green Amber	↕
3 Amber	Functional!
2 Amber Red	↕
1 Red	Action!

Recovery Pathway Standards


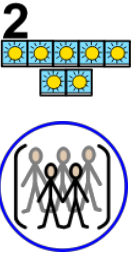
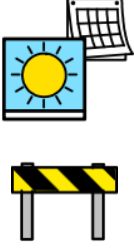
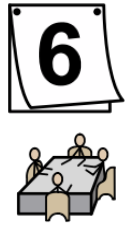

No.	Standard	Picture / symbols	Example	How do we know we are meeting the standard	Score (1-to-5)
1	A clear plan is identified with the service user on admission that looks at the services and interventions they are likely to need on their pathway.		Visual pathway/ mapping tool. Individualised pathway documents. Care plans.		
2	Medication options and side effects are discussed and reviewed with service users, taking into account choice where possible.		Ward round notes. Medication reviews. Medication leaflets.		
3	Individual and group therapy options are discussed with service users and planned together, where possible.		Psychology Formulation. Individualised therapy planner.		
4	Planned activity is meaningful and individualised to meet service user recovery goals.		Activity planners link in to Recovery goals. OT functional assessment. Activity checklist. Individual timetable.		
5	Physical health care needs and wellbeing are discussed with		Care plans. Appointments. Screening. Sleep Hygiene.		



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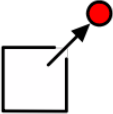

	service users regularly.		Healthy Eating. Exercise.		
6	Care plans are written with the service user and the MDT together and include SMART goals.		"My Views" Collaborative Recovery Model E.g., Recovery Star. Care Plans.		
7	Service users can meet their MDT at least once every 2 weeks to review their care, outcomes plan and progress.		Ward Round Rota. Ward Round minutes.		
8	The MDT regularly talks with the service user about their expected length of stay, including potential obstacles to moving forward.		Ward round discussions. Discharge planning meeting. Estimated Discharge Date Given on Admission. CPA Goals. Commissioner Feedback. Advocacy Support.		
9	Service users have a CPA within the first three months of admission and as a minimum every 6 months after that to review outcomes plans and progress.		CPA minutes. CPA 'my views'.		
10	It is made clear to service users which outcomes they must achieve to progress to the		MDT and CPA minutes Care plans linked to outcomes. SMART goals.		



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	next step on their pathway.		Visual map and pathway expectations. Transition planning.		
11	Service users are provided with information and are encouraged to access external opportunities that can support their recovery.		Online courses. Online sessions. Recovery Colleges. Peer Support Networks. Community/ Religious/ Cultural Groups. Voluntary and Real Work Opportunities.		
12	The hospital environment supports recovery.		Safety is promoted. Relational working. Staff are trained in recovery principles. Therapy space is provided.		

Free Flow Box

What else is important to support recovery? What do we do well? What could we improve?
How do we keep up motivation for recovery?
How do we hold hope?

Average Score for the Area

Service Name	
Date	

Collaboration. Hope. Encouragement. Empowerment. Respect. Support & Fun.



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Standards – Actions

Your scores will help you decide which actions to work on

<p>Our agreed Action is:</p> <p>(Please only choose one or two to make sure they are achievable and meaningful)</p>	
<p>Our Action will improve this Standard:</p>	

*Reviewed by service users and staff in the 'Standards Review Committee 2024'

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Collaboration. Hope. Encouragement. Empowerment. Respect. Support & Fun.